

DECLARATION RELATING TO LIFE-SUSTAINING PROCEDURES (Living Will) **AND**

DURABLE POWER OF ATTORNEY FOR HEALTH CARE DECISIONS (Medical Power Of Attorney)

I. **DECLARATION RELATING TO LIFE-SUSTAINING PROCEDURES**

If I should have an incurable or irreversible condition that will result either in death within a relatively short period of time or a state of permanent unconsciousness from which, to a reasonable degree of medical certainty, there can be no recovery, it is my desire that my life not be prolonged by the administration of life-sustaining procedures. If I am unable to participate in my health care decisions, I direct my attending physician to withhold or withdraw life-sustaining procedures that merely prolong the dying process and are not necessary to my comfort or freedom from pain.

This declaration is subject to any specific instructions or statement of desires I have added in "Additional Provisions" below.

II. POWER OF ATTORNEY FOR HEALTH (CARE DECISIONS							
I hereby designate Denny R. Peterson	(515) 462-3723							
(Type or Print) Name of Age								
317 South 4th Street, Winterset, Iowa 50273	ty State Zip Code							
(Type or Print) Street Address Cit	Y .							
as my attorney in fact (my agent) and give to my agent the power to make health care decisions for me. This power exists only when I am unable, in the judgment of my attending physician, to make those health care decisions. The attorney in fact must act consistently with my desires as stated in this document or otherwise made known. Except as otherwise specified in this document, this document gives my agent the power, where otherwise consistent with the laws of the State of Iowa, to consent to my physician not giving health care or stopping health care which is necessary to keep me alive. This document gives my agent power to make health care decisions on my behalf, including to consent, to refuse to consent, or to withdraw consent to any care, treatment, service, or procedure to maintain, diagnose, or treat a physical or mental condition. This power is subject to any statement of my desires and any limitations included in this document. My agent has the right to examine my medical records and to consent to disclosure of such records.								
<u>OPTIONAL:</u> If the person designated as agent person to serve instead:	above is unable to serve, I designate the following							
Oren E. Peterson, Jr.	(515) 993-4574							
(Type or Print) Name of Alternate	Phone Number							
1122 Grove Street, Adel, Iowa 50003 (Type or Print) Street Address	City State Zip Code							
OPTIONAL: ADDITIONAL PROVISIONS - Insert (if any): REC \$ 100000000000000000000000000000000000	t here specific instructions or statement of desires COMPUTER FILED NO. RECORDED BOOK. 2002 PAGE 4001							
N.W.F. \$ 1	(PAGE 4001)							
Signed this day of Augu	2902 AUG 14 PM 4: 2 4:27 PM MICKI UTSLER RECORDER PADISON COUNTY, 10W/ Your Signature (Declarant/Principal)							
714 South 3rd Street	Oren Earling Peterson							
Street Address	Type or Print Your Name							
Winterset, Iowa 50273 City State Zip	S.S. #							
IMPORTANT NOTE: THIS DOCUMENT MUST WITNESSES. SEE REVERSE FOR NOTARY O EITHER A LIVING WILL DECLARATION OR A SEPARATE FORMS ARE AVAILABLE FROM	BE SIGNED BEFORE A NOTARY PUBLIC OR TWO OR WITNESS FORMS. IF YOU WANT TO EXECUTE MEDICAL POWER OF ATTORNEY, BUT NOT BOTH, I THE IOWA STATE BAR ASSOCIATION. IF YOU M OR NEED ASSISTANCE TO COMPLETE IT, YOU							

NOTARY PUBLIC FORM

STATE	OF IOWA,	MADISON	COUNTY, ss:		.140	
by Oren	This document Earling Peterson	was acknowledged be	efore me on	August	14-	, 2002
	CONNIE MA Commission Numb My Commission 1 10 9 - 0 4		TITNESS FORM	Ma	, Not	ary Public
the De neither employ	and the Decla ant/Principal or b clarant/Principal of us are he rees of such a l nd that at least	rant/Principal and way another person acti that neither of us it alth care providers the nealth care provider.	that we signed this diverse witnessed the sign on behalf of the Design on behalf of the Design on behalf of the Design of the Design of the Design of the Declaration	gning of the eclarant/Princi ley in fact by eating the D we are both	e documen ipal at the di y this docur Declarant/Pri ı at least 18	t by the irection of nent; that ncipal, or 3 vears of
Signature of	f First Witness		Signature of Second V	Vitness		
(Type or Pri	nt Name of Witness)		(Type or Print Name o	of Witness)		
Street Addre	ess		Street Address			
City	State	Zip Code	City	State	Zip Co	ode

GENERAL INFORMATION REGARDING THIS DOCUMENT

- 1. "Health care" means any care, treatment, service, or procedure to maintain, diagnose, or treat an individual's physical or mental condition. "Life-sustaining procedure" means any medical procedure, treatment, or intervention which utilizes mechanical or artificial means to sustain, restore, or supplement a spontaneous vital function, and when applied to a person in a terminal condition, would serve only to prolong the dying process. "Life sustaining procedure" does not include administration of medication or performance of any medical procedure deemed necessary to provide comfort care or to alleviate pain.
- 2. The terms "health care" and "life-sustaining procedure" include nutrition and hydration (food and water) only when provided parenterally or through intubation (intravenously or by feeding tube). Thus, this document authorizes withholding nutrition or hydration that is provided intravenously or by feeding tube. If this is not what you want, you should set forth your specific instructions in the space provided on page 1.
- 3. The following individuals shall not be designated as the attorney in fact to make health care decisions under a durable power of attorney for health care:
 - a. A health care provider attending the principal on the date of execution.
 - b. An employee of such a health care provider unless the individual to be designated is related to the principal by blood, marriage, or adoption within the third degree of consanguinity.
- 4. The power of attorney for health care decisions or the declaration relating to use of life-sustaining procedures may be revoked at any time and in any manner by which the principal/declarant is able to communicate the intent to revoke, without regard to mental or physical condition. A revocation is only effective as to the attending health care provider upon its communication to the provider by the principal/declarant or by another to whom the principal/declarant has communicated the revocation.
- 5. It is the responsibility of the principal/declarant to provide the attending health care provider with a copy of this document.
- 6. A declaration relating to use of life-sustaining procedures will be given effect only when the declarant's condition is determined to be terminal or the declarant is in a state of permanent unconsciousness, and the declarant is not able to make treatment decisions.

SUGGESTIONS AFTER FORM IS PROPERLY SIGNED, WITNESSED OR NOTARIZED

- Place original in a safe place known and accessible to family members or close friends.
- 1. 2.
- Provide a copy to your doctor.

 Provide a copy(s) to family member(s). 3.
- 4. Provide a copy to the designated attorney in fact (agent) and to alternate designated attorneys in fact (if any).